



Thursday, September 14, 2006
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News Advisory

Depressed Parents can Harm their Child's Development

National Expert to speak at Local Workshop

- What:** A nationally known pediatrician will present a lecture on the impact of parental depression on the developing child. A Utah Department of Health researcher will also present findings from a study on maternal depression in Utah.
- Why:** Postpartum major depression is the most common complication of childbirth, yet it receives little attention, detection, treatment and research. This training will offer doctors, nurses and mental health professionals the opportunity to hear one of the country's leading physicians talk about her research into the incidence of maternal depression and its impact on the developing child. Additionally, Dr. Olson will discuss how to screen and treat women who are suffering the effects of maternal depression. We will also highlight current trends in Utah and what is being done to address the impact of maternal depression upon women of child-bearing age.
- Who:** Ardis L. Olson, MD, is a Professor of Pediatrics and Community and Family Medicine at Dartmouth Medical School. For the past 15 years she has studied the issues of parental depression in the primary care setting. She is the director of the Dartmouth practice based research network and has studied issues of how to help mothers with depression in primary care. Her other research interests include adolescent health behavior change and risky behaviors and supports for families of children with chronic health conditions. Joanne McGarry, who is also presenting works for the Utah Department of Health's Reproductive Health Program.
- When:** Friday, September 15, 1 – 4 p.m.
(Dr. Olson is scheduled to speak at 1:30 p.m.)
- Where:** St. Mark's Hospital Women's Pavilion Auditorium
Located on the west side of the hospital.
1200 East 3900 South
Salt Lake City, UT 84124

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